



All meals include milk.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – *Please give whatever you can; help us help others.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fish Fillet w/ Bun California Blend Vegetables Spinach Salad w/ Beets Applesauce	2 BBQ Chicken Scalloped Potatoes Carrots Whole Wheat Roll Fruit Cookie	3 Hobo Beans Stewed Tomatoes Broccoli Biscuit Orange Juice Dessert	4 Shredded Chicken Taco Salad Refried Beans, Cornbread, Mexican Corn, Brown Rice Tortilla Chips Peaches
	7 Spaghetti w/ Meat Sauce Garlic Bread Cooked Spinach Pears Cottage Cheese	8 BBQ Beef Riblets Au Gratin Potatoes Brussel Sprouts Tropical Fruit Wheat Bread	10 Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries 3 Bean Salad Fruit Potato Chips	11 Breaded Chicken Breast Macaroni Salad Peas & Corn Celery & Carrot Sticks w/ Dip Fresh Fruit
14 Baked Fish Tail Brown Rice w/ Pinto Beans Mixed Vegetables Wheat Bread Fruit Pudding	15 Swiss Steak w/ Mushrooms & Onions Mashed Potatoes Corn Fruit Whole Wheat Roll	16 Cheese Pizza Italian Veggies Salad w/ Diced Ham Cottage Cheese w/ Tomatoes Orange	17 EASTER MEAL Baked Ham w/ Pineapples Sweet Potatoes Green Beans Whole Wheat Roll Yellow Cake w/ Fruit Topping TC	18 CLOSED GOOD FRIDAY! NO MEAL SERVICES
21 Philly Cheesesteak Sub w/ Peppers & Onions Stewed Tomatoes Celery & Carrot Sticks w/ Dip Banana Honey Bun	22 Hot Turkey Sandwich w/ Gravy Mashed Potatoes Broccoli Fresh Fruit	23 Meatloaf Scalloped Potatoes Green Beans Whole Wheat Roll Salad w/ Tomatoes Fruit	24 Chicken Tenders Potato Salad Lima Beans Mixed Berries Biscuit	25 Sloppy Joe w/ Cheese Baby Baker Potatoes Peas Applesauce Cookie
28 Pork Chops w/ Gravy Stuffing White Beans & Spinach Salad w/ Beets Fresh Fruit	29 Turkey & Cheese Sub w/ Lettuce & Tomato Potato Salad Cucumber, Tomato Salad Yogurt & Fruit	30 Vegetable Beef Soup Peanut Butter Sandwich Broccoli Apple Crisp Wheat Crackers		CENTER IS OPEN 8AM-2PM MONDAY-FRIDAY LUNCH IS SERVED NOON
If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed.				MENU IS SUBJECT TO CHANGE