


**MARCH 2025**

**Springfield Senior Center - The Cottage: 304-822-7627**

Administration Office: 304-822-4097

All meals include milk.

**THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Salisbury Steak w/ Gravy Mashed Potatoes Peas & Carrots Roll Fruit	5	6 Broccoli Cheese Soup Ham Salad Sandwich Potato Chips Fruit Dessert	7 Chicken Fillet on Bun w/ lettuce & tomato Tater Tots Succotash Fruit
10	11 Fish Fillet on Bun Tater Tots Carrots Fruit Dessert	12	13 Taco Rice Casserole Corn Cornbread Cheese Stick Fruit	14 Cheeseburger on Bun w/ lettuce, tomato, onion Pickles Macaroni Salad Fruit
17	18 Ham & Cabbage Boiled Potatoes Harvard Beets Roll Fruit	19	20 <b>BINGO/BIRTHDAYS</b> Meatloaf Au Gratin Potatoes Peas Biscuit Dessert	21 Ham & Beans Stewed Tomatoes Cornbread Fruit Dessert
24	25 Hamburger Rice Casserole Corn Roll Fruit Dessert	26	27 Pork Chops w/ Gravy Mashed Potatoes Peas & Carrots Biscuit Dessert	28 Spaghetti Green Beans Salad Garlic Bread Fruit
31				Center is Open 2:00PM-5:00PM Tues., Thurs. & Fri Dinner is served at 4pm

If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed.

**Menu is subject to change.**