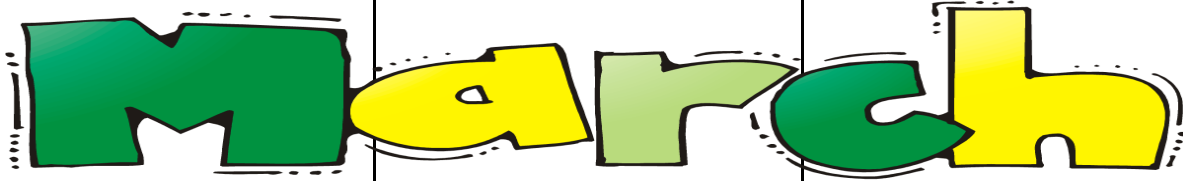All meals include milk.

	THE OLDER AMERICANS ACT NUTRITION PROGRAM – *Please give whatever you can; help us help others.*			
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
3 BBQ Pork on Bun Macaroni & Cheese Cooked carrots Coleslaw Fruit	**4** Meatloaf Scalloped Potatoes Green Beans Whole Wheat Roll Salad w/ Tomatoes Applesauce TC	**5** Open-Faced Turkey Sandwich w/ Gravy Baby Baker Potatoes Mixed Vegetables Fruit	**6** Chili w/ Beans Grilled Cheese Sandwich Spinach Wheat crackers Fruit Dessert	**7** Chicken Pot Pie Wheat Egg Noodles Broccoli Biscuit Yogurt Fruit
10 Broccoli Cheddar Soup Peanut Butter Sandwich Kale Baked Apples Cookie	**11** Cheese Pizza Italian Veggies Salad w/ Diced Ham Cottage Cheese Fruit Cocktail	**12** Salisbury Steak w/ Gravy Mashed Potatoes Peas Whole Wheat Roll Fruit	**13** Salmon Cake Black Beans & brown Rice Stewed Tomatoes Coleslaw Fruit	**14** Lasagna w/ Meat Sauce Garlic Wheat Bread Green Beans Salad Greens w/ Beets Pudding
17 Pork Chops w/ Gravy Cabbage & Potatoes Cooked Carrots Whole Wheat Roll Fruit Ice Cream	**18** Tuna Salad Sandwich Potato Salad Cherry Tomatoes Fruit Yogurt	**19** Meatballs w/ Sauce Boiled Potatoes Broccoli Wheat Bread Fruit Juice	**20** Chicken Noodle Soup w/ Veg. Chicken Salad Sandwich Salad Greens w/ Beets Fruit Dessert	**21** Cheeseburger w/ lettuce & tomato Potato Wedges Baked Beans Pears
24 Chili Dog w/ Bun Tater Tots Coleslaw Cottage Cheese w/ Fruit Chips	**25** Beef Stew w/ Vegetables Grilled Cheese Sandwich Carrot & Celery Sticks w/ Dip Fruit Crisp Wheat Crackers	**26** Taco Salad w/ Chili, Cheese, Refried Beans, Mexican Corn, Brown Rice, Cornbread Tortilla Chips Fruit	**27** Honey Mustard Chicken Parsley Potatoes California Blend Vegetables Jell-O w/ Fruit Biscuit	**28** Philly Cheesesteak Sub w/ Peppers & Onions Sweet Potato Fries Corn Cherry Tomatoes Banana
31 Chicken Sandwich w/ lettuce & tomato Macaroni Salad Mixed vegetables Fruit, Dessert				**CENTER IS OPEN 8AM-2PM** **MONDAY-FRIDAY** **LUNCH IS SERVED AT NOON**

If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open.

If schools are dismissing early, we will be closed.

MENU IS SUBJECT TO CHANGE