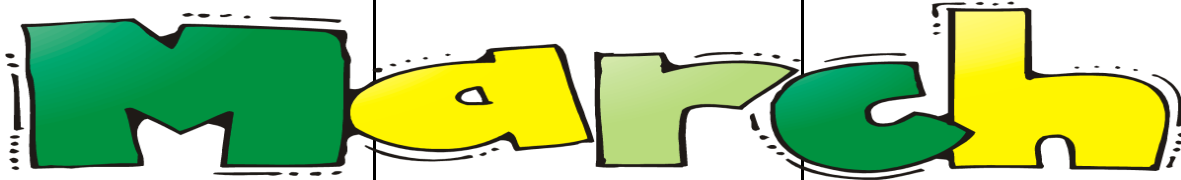


All meals include milk.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Meatloaf Scalloped Potatoes Green Beans Whole Wheat Roll Salad w/ Tomatoes Applesauce TC	5	6	7 Chicken Pot Pie Wheat Egg Noodles Broccoli Biscuit Yogurt Fruit
10	11 Cheese Pizza Italian Veggies Salad w/ Diced Ham Cottage Cheese Fruit Cocktail	12	13	14 Lasagna w/ Meat Sauce Garlic Wheat Bread Green Beans Salad Greens w/ Beets Pudding
17	18 Tuna Salad Sandwich Potato Salad Cherry Tomatoes Fruit Yogurt	19	20	21 Cheeseburger w/ lettuce & tomato Potato Wedges Baked Beans Pears
24	25 Beef Stew w/ Vegetables Grilled Cheese Sandwich Carrot & Celery Sticks w/ Dip Fruit Crisp Wheat Crackers	26	27	28 Philly Cheesesteak Sub w/ Peppers & Onions Sweet Potato Fries Corn Cherry Tomatoes Banana
31				CENTER IS OPEN 9AM-2PM TUESDAY & FRIDAY LUNCH IS SERVED AT NOON
If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed.				MENU IS SUBJECT TO CHANGE