

Springfield Senior Center

July 2018

Springfield Senior Center

304 – 822 – 7627

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>3 CHICKEN FILLET/BUN BAKED POTATO VEGETABLE BLEND FRUIT</p>		<p>5 HAM POT PIE SPINACH COTTAGE CHEESE FRUIT DESSERT</p>	<p>6 VEGETABLE SOUP HAMBURGER/LETTUCE/ TOMATO FRUIT DESSERT</p>
	<p>10 BARBECUE RIBLETS SCALLOP POTATOES CARROTS FRUIT</p>		<p>12 LENTIL SOUP SALAD /CHICKEN FRUIT CORNBREAD</p>	<p>13 CHICKEN LASAGNA SALAD GREEN BEANS ITALIAN BREAD DESSERT</p>
	<p>17 SLOPPY JOES/BUN POTATO TOTS COLESLAW FRUIT DESSERT</p>		<p>19 SWISS STEAK RICE CAULIFLOWER ROLL DESSERT</p>	<p>20 PORK CHOPS DRESSING BRUSSEL SPROUTS FRUIT</p>
	<p>24 SWISS CHICKEN SALAD GREEN BEANS FRUIT</p>		<p>26 STEAK BAKED POTATO BLENDED VEGETABLES ROLL</p>	<p>27 CHICKEN SOUP TUNA FISH/WHOLE WHEAT FRUIT DESSERT</p>
	<p>31 MEATLOAF WHIPPED POTATOES PEAS FRUIT ROLL</p>			

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.