

ROMNEY SENIOR CENTER

Romney Senior Center

304 - 822 - 2465

JULY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 FISH FILLET MACARONI & CHEESE BROCCOLI FRUIT</p>		<p>4 CLOSED FOR FOURTH OF JULY</p>	<p>5 LENTIL SOUP SALAD /CHICKEN FRUIT CORNBREAD</p>	
<p>9 HONEY MUSTARD CHICKEN MACARONI SALAD KALE ITALIAN BREAD</p>		<p>11 TOMATO SOUP GRILLED CHEESE BROCCOLI FRUIT DESSERT</p>	<p>12 MEATBALLS SALAD GREEN BEANS ITALIAN BREAD DESSERT</p>	
<p>16 MOZZARELLA CHICKEN SALAD W/DRESSING GREEN BEANS FRUIT ITALIAN BREAD</p>		<p>18 TUNA PATTIE CARROT-RAISIN SALAD BROCCOLI FRUIT DESSERT</p>	<p>18 HOBO BEANS SALAD TROPICAL FRUIT CORNBREAD MUFFINS</p>	
<p>23 CHICKEN TENDERS WHIPPED POTATOES PEAS FRUIT</p>		<p>25 TACO CASSEROLE MEXICAN CORN FRUIT BLUEBERRY MUFFINS</p>	<p>26 HAM POT PIE SPINACH COTTAGE CHEESE FRUIT DESSERT</p>	
<p>30 OVEN-FRIED CHICKEN POTATO SALAD CORN BISCUIT</p>				

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.