

**HOME DELIVERED MEALS : July 2017 (Romney Senior Center: 304-822-2465)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>BARBECUE</b> <b>CHICKEN</b> <b>POTATO SALAD</b> <b>CORN</b> <b>BISCUIT</b> <b>FRUIT</b>	<b>4</b> <b>CLOSED FOR FOURTH</b> <b>OF JULY</b>	<b>5</b> <b>FISH/BUN</b> <b>MACARONI &amp; CHEESE</b> <b>BROCCOLI</b> <b>FRUIT</b> <b>DESSERT</b>	<b>6</b> <b>MEATLOAF</b> <b>SCALLOP POTATOES</b> <b>LIMA BEANS</b> <b>ROLLS</b> <b>FRUIT</b>	<b>7</b> <b>HAM POT PIE</b> <b>COTTAGE CHEESE</b> <b>SPINACH</b> <b>FRUIT</b> <b>DESSERT</b>
<b>10</b> <b>PORK B-B-QUE</b> <b>COLESLAW</b> <b>POTATO TOTS</b> <b>SHERBET</b>	<b>11</b> <b>SWISS STEAK</b> <b>RICE</b> <b>MIXED VEGETABLES</b> <b>ROLLS</b> <b>PEACH CRISP</b>	<b>12</b> <b>SALMON CAKES</b> <b>CARROT-RAISIN</b> <b>SALAD</b> <b>BROCCOLI</b> <b>FRUIT</b> <b>DESSERT</b>	<b>13</b> <b>SWISS CHICKEN</b> <b>SALAD</b> <b>GREEN BEANS</b> <b>GARLIC BREAD</b> <b>MANDARINE ORANGES</b>	<b>14</b> <b>SLOPPY JOES/BUN</b> <b>POTATO TOTS</b> <b>COLESLAW</b> <b>FRUIT</b> <b>DESSERT</b>
<b>17</b> <b>HOT HONEY</b> <b>CHICKEN</b> <b>RICE</b> <b>CARROTS</b> <b>PINEAPPLE</b> <b>DESSERT</b>	<b>18</b> <b>SALISBURY STEAK</b> <b>WHIPPED POTATOES</b> <b>PEAS</b> <b>WHITE BREAD</b> <b>FRUIT</b>	<b>19</b> <b>CHICKEN LASAGNA</b> <b>SALAD</b> <b>GREEN BEANS</b> <b>GARLIC BREAD</b> <b>DESSERT</b>	<b>20</b> <b>FISH</b> <b>CARROT-RAISIN SALAD</b> <b>BROCCOLI</b> <b>ROLLS</b> <b>FRUIT</b>	<b>21</b> <b>MEATBALLS</b> <b>SALAD</b> <b>GREEN BEANS</b> <b>GARLIC BREAD</b> <b>DESSERT</b>
<b>24</b> <b>BARBECUE RIBLETS</b> <b>SCALLOP</b> <b>POTATOES</b> <b>CARROTS</b> <b>ROLLS</b> <b>FRUIT</b>	<b>25</b> <b>CHICKEN FILLET/BUN</b> <b>BAKED POTATOES</b> <b>BLENDED VEGETABLES</b> <b>FRUIT</b> <b>DESSERT</b>	<b>26</b> <b>SPAGHETTI</b> <b>SALAD</b> <b>GREEN BEANS</b> <b>GARLIC BREAD</b> <b>DESSERT</b>	<b>27</b> <b>ROAST BEEF/GRAVY</b> <b>SANDWICH</b> <b>WHIPPED POTATOES</b> <b>PEAS</b> <b>FRUIT</b>	<b>28</b> <b>BROCCOLI SOUP</b> <b>APPLESAUCE SANDWICH</b> <b>FRUIT COCKTAIL</b> <b>DESSERT</b>
<b>31</b> <b>CHICKEN TENDERS</b> <b>WHIPPED POTATOES</b> <b>CORN</b> <b>BISCUIT</b> <b>FRUIT</b>	<p align="center"> <b>THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.</b>  <b>REMINDER: IF SCHOOLS ARE CLOSED DUE TO WEATHER CONDITIONS, WE WILL BE CLOSED!</b>  <b>IF 2 HOUR DELAY WE WILL BE OPEN. IF 2 HOUR EARLY DISMISAL WE WILL BE CLOSED!</b>  <b>SENIOR CENTERS ENRICH LIVES</b> </p>			