

CAPON VALLEY VIEW : DECEMBER 2018 304-856-3650 (ROMNEY 304-822-2465)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4 FLOUNDER CARROT-RAISIN SALAD FRUIT WHEAT ROLL			7 HOBO BEANS SALAD FRUIT CORNBREAD MUFFINS
	11 MEATLOAF WHIPPED POTATOES PEAS FRUIT			14 ITALIAN SOUP SALAD W/CHICKEN WHEAT ROLL FRUIT
	18 FISH FILLET/BUN MACARONI & CHEESE SPINACH FRUIT			21 CHRISTMAS DINNER HAM SWEET POTATOES GREEN BEANS ROLLS CAKE
	25 CLOSED FOR CHRISTMAS			28 LASAGNA SALAD GREEN BEANS ITALIAN BREAD

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

REMINDER: IF SCHOOLS ARE CLOSED DUE TO ROAD CONDITIONS, WE WILL BE CLOSED!

IF 2 HOUR DELAY WE WILL BE OPEN. IF 2 HOUR EARLY DISMISAL WE WILL BE CLOSED!

SENIOR CENTERS ENRICH LIVES.